

Mountain Rituals

Rituals inspired by the mountains, guided by intuition,
created to reconnect body and mind with nature.

WILD NATURE TOUCH Intuitive and fluid massage that follows the body and its needs.	45 MIN € 90 60 MIN € 110
FOREST BREATH MASSAGE Slow, deep massage with soothing mountain aromas to slow your breathing and restore calm.	60 MIN € 100
MOUNTAIN DEEP RELEASE Deep and intense treatment to release persistent muscle tension and stiffness.	60 MIN € 120
MOUNTAIN RECOVERY Decontracting massage with arnica montana, ideal for muscle recovery and post-ski.	45 MIN € 90
FIRE & ICE FLOW Draining massage alternating stimulating and slow techniques to reactivate circulation and provide a feeling of lightness.	45 MIN € 90 60 MIN € 110
ALPINE CANDLE RITUAL Warm and enveloping candle massage that nourishes the skin and provides deep comfort.	60 MIN € 130
WOOD BALANCE FOOT RITUAL Thai foot reflexology with a wooden stick to rebalance energy and restore vitality.	45 MIN € 90
ALPINE SHIELD FACIAL Lifting and illuminating facial massage with a mountain cream that protects against cold and external aggressors.	45 MIN € 90
MOUNTAIN STONE RITUAL The warmth of lava stones meets the energy of the mountains to release tension and reconnect body and breath to the quiet of the forest.	60 MIN € 120
EDEN SIGNATURE RITUAL Exclusive treatment combining ancient and modern techniques, aromatherapy, and traditional tools such as Tok Sen, for a unique and rejuvenating experience.	75 MIN € 150